



## The Pupils' Newsletter Highfield Leadership Academy

### Edition 2 - Summer 2019

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#### The Great Highfield Bake Off

By Maria Preda Year 9

The Great Highfield Bake Off was an exciting opportunity for all the Year 9 students that have picked Food Technology and Nutrition as their optional subject. The first round took place on 21<sup>st</sup> June and we had an hour and a half to prepare our signature bake of muffins.

I took part in the Bake Off and I am glad I had this chance. It was a unique experience and it tested



my ability of working under pressure. We started preparing our dishes in the second period and finished half way through third period. Everybody was trying to decorate their muffins in the most creative and "out of the box" way.

While the judges were tasting all the muffins, I was trying to see their reactions and find out if they liked my muffins or not. The crucial moment was when all judges had submitted their votes and Mr Galbraith was counting them. Everybody had concentrated so hard and couldn't wait for the results. He started announcing the second place first, and I was quite disappointed I hadn't been announced. When first place was declared and I heard my name I couldn't believe that I'd won. I was looking at all my colleagues and I was shocked that I had come first. I was really proud of myself and cannot wait to take part in the other challenges.

#### Sundae Funday Rewards Experience

By Charlotte Tabearnt Year 10

A few weeks ago, I attended the half-term reward, the Sundae Funday. The pupils that got chosen for this reward all had 100% attendance, no late marks and no negative behaviour points.

At this event, we had the chance to design our own ice cream sundaes and create them, and the best sundae won a prize. We got to show our creativity by using toppings such as biscuits, chocolate, whipped cream and more!

One of the winners was Natasha Sibbert, year 10, with her Funday Ferry design. She won sweets and a trampoline park pass, as did other pupils from other year groups.

I had so much fun at this reward and hope to be invited to the next event.



# Highfield Highlights

## Athletics Championships

By Dylan Thompson Year 8

Sports Day this year took place at Stanley Park. For the first time this year, all of Year 7 and 8 came to watch. Lots of Year 9s and 10s were there too, competing in the events.

I ran the 100m, 200m, 300m and relay races and long jump. I won the long jump and the 300m and our team won the relay race. I really enjoyed competing in these events and I scored the most points of anyone in my year, Year 8.

Sports Day is really good for everyone to get involved in and to let people show what they can do if they like sports. Mr Johnson and Mr Brookfield did a great job organising the day. I am looking forward to next year now when I want to be the top points scorer for Year 8 again!

## Travel and Tourism Pupils Aiming for the Skies

By Amy Harrison Year 10

A couple of weeks ago, Blackpool Sixth Form came in to talk to our Travel and Tourism class. They talked to us about lots of different job opportunities like being cabin crew where you get to travel the world and being a holiday rep and experiencing life abroad. They also talked to us about the Travel and Tourism courses we can go on to do at college. It was a really good session and we found out lots that we might need to know for the future.



## Year 6 Transition

Abi Potter Year 7

My name is Abi and I am a Transition Leader. I helped the Year 6s during Transition Week by helping them find their way to lessons. I loved helping out because the Year 6s were very kind to me and they got to do exciting activities that I was able to join in. The activities gave the Year 6s a taste of what lessons are like at Highfield and they really seemed to enjoy everything they did.

## County Lines Production

By Lucy Whittaker and Rhiannon Bridge Year 10

Last week we had the chance to watch a production on "County Lines". It was about Blackpool and problems in the town, such as people who are very poor and struggle to get by, so they end up involved in drugs. We learnt that you can always reach out for help and you don't have to struggle alone.



## Year 10 College Visits

By Louis Kenyon and Ben Kennedy Year 10

Last month we went on two visits, one to Blackpool Sixth Form and one to Blackpool and the Fylde College. On these days we had taster sessions of different courses we might want to do when we leave school. We tried STEM, PE and Business Studies. We enjoyed the opportunity to try different courses and to see what the colleges had in store for us.



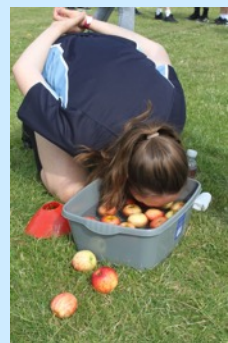
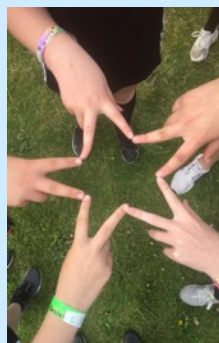
## Bill the Bull's Be Your Best Corner



### Respect Games

Mrs Thompson spoke to Year 7 and 8 about the importance of respect. The dance group did a routine to the song Respect with the TVs displaying examples of how we could respect ourselves, others and the environment. The groups had chosen their own play list – all songs had to link to respect.

All participators made a Bill Respect Band – these celebrate the respect we have for ourselves, each other and our environment. They also encourage others to think about respectful behaviours that help us to **Be our Best** and make our Academy happy, safe and successful. Different stations run by staff, Highfield Helpers and Anti - Bullying Ambassadors had different sporting challenges for us to complete.



## Celebrating Diana Award Success for Highfield

In February a new Pupil Leadership Group was established whose challenge was to work alongside Mrs Dodgson and Mrs Thompson to create a Culture of Kindness and Respect. The group, including pupils from year 7 - 10, are all passionate about enabling and encouraging everyone to 'Be Your Best'. Pupils delivered assemblies, introduced a new Bill referral system and Bill Clubs which allow all our young people to make new friends, have fun and get support if needed so that they can enjoy their time at the Academy.

Following intensive training, the team got straight to work - establishing a group to educate their peers about being safe online. They have created a BE SAFE notice board, made online safety videos and presented workshops to pupils and to parents at our Year 6 induction evening. We also wanted to get special events embedded on the school calendar. Since their training with the Diana Award the team have organised a number of events and special workshops: a Friendship Fun run which was featured in the last newsletter, a Be Your Best week where all pupils and staff took part in special Service opportunities, special Respect workshops and events to tackle different types of prejudice and discrimination such as their Stephen Lawrence work.

As a result of all their hard work they were invited to participate in a special event hosted by the Diana Award at Facebook Headquarters London. This event showcased and celebrated the work of students from three different schools who had impressed a judging panel. There are over 700 schools enrolled in the Diana Trust Programme so this is an amazing achievement.

The event brought together MPs, celebrities and Facebook's Policy Team to explore how young people are taking the lead in tackling harmful behaviours online and offline. We enjoyed listening to presentations delivered by RT Hon Jeremy Wright QC MP, he talked about it is everybody's responsibility to tackle bullying behaviours, use how technology must be used for positive means. Dustin Lance Black (actor, director married to Tom Daley), spoke passionately about the importance of being 'proud to be you' and how as young leaders the children have the power to make things better for the next generation. Will Poulter (actor) did a Q and A and spoke about our ABAs. We were incredibly proud to be involved in such a wonderful event.

## Bill the Bull's Be Your Best Corner

### Bill's Top Tips for Staying Safe this Summer

It is nearly time for a break. Even though Bill won't see you for a few weeks he wants you to be happy and safe.

If you wouldn't put a message, comment or a picture on a poster or the TV, don't put it online. The internet is a public place anyone can see what you post.

Did you know this guideline is actually called the '**BILLBOARD RULE**'

Don't give out information that people could use to identify you, your family or friends. **Don't share** your name, address, passwords and bank numbers.

Think about whether you want to share your location services with others via Bluetooth etc.

If you are 13 or over -

- **Check out the privacy tools on Facebook and Snapchat. Facebook have their own Bullying Prevention Hub that offers lots of advice.**
- **Use unusual passwords.** Use a combination of letters, symbols and numbers. Don't use any part of your name or email address.
- **Don't let anyone see you signing in**, if they do, change your password.
- If you are using a public computer make sure you **sign out**.

**Out and about ...**

**Always swim between the red and yellow flags**

These show there is a lifesaving service on patrol and where the safest part of the beach is for swimming.

**Read safety signs**

Be aware of any warnings or dangers on the beach such as dangerous currents. If caught in a rip, stay calm, float and raise an arm for attention. You could swim parallel to the beach, but don't struggle in a rip or you will become exhausted.

**Swim with a friend**

Keep an eye out for each other. If you need a lifeguard's assistance, raise your arm in the air and wave it from side to side. Save your energy by floating on your back and staying calm.

**Blue bottle jellyfish stings**

Wash off the tentacles with water, or pick off with fingers. Place the affected area in hot water for 20 minutes. If you don't have access to hot water a cold ice pack is also effective. Do not rub sand, pour soft drinks or urinate over the sting — it doesn't work.

**Sunburn**

Apply sunscreen at least 15 minutes before going into the sun and reapply regularly, particularly after swimming. If you get sunburn drink a lot of fluids.

**Wear your helmet**

Keep your head up and look ahead, not at the ground, one person per bike, ride in single file with space between bikes and ride on the right side of the road, never against traffic.

Stay **S.M.A.R.T.** Online  
with Bill



If someone is pressuring you to share personal information or to do something you are not comfortable with or if you are worried about anything and don't know who to turn to during the holidays, please ask for help:

**Talk to a trusted adult**

**Text the DIANA AWARD CRISIS MESSENGER**

**(DA TO 85258)**

**Childline: 0800 1111**

### Arrangements for the start of the new term

We hope you have a happy and safe summer holiday.

The new school year begins on Wednesday 4<sup>th</sup> September for all pupils.

On the first day, Year 7 pupils start at 8:40am and all other year groups start at 10am. We look forward to seeing you in September.