



BE SMART & STAY SAFE ONLINE



SAFE

Keep safe by being careful not to give out your full name, address, phone number, email, school name, or photo to strangers. Think twice before sharing photos or documents with anyone, even if you know them; it could lead to cyber bullying.



MEETING

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.



ACCEPTING

Accepting emails, IMs or opening files from people you don't know or trust can be dangerous – they may contain viruses or nasty messages.



RELIABLE

Someone online might lie about who they are and information on the internet may not be true. Always check information with other websites, books or someone who knows. If you like chatting online, it's best to only chat to your real world friends and family. Don't play online games with strangers or accept friend requests from strangers.



TELL

Tell your parents, carers and/or teachers if someone or something makes you feel uncomfortable or worried, or you or someone you know is being cyber bullied.



BE SMART WITH A HEART

Always show respect online. Never share images/videos of others without their permission. Never share inappropriate images/videos of yourself or others. Never lie or make hurtful comments online. Never create fake accounts to cause distress to others. Never create posts, vlogs or access sites that your parents wouldn't approve of.

