| WEEK 1 | MONDdY | TUESDdY | WEDNESDAV | THURSDAV | FRIDdY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MdIN DISH | Sausage, Onion Gravy \& Mashed Potato (Halal) | Beef \& Mushroom Pie | Roast Chicken \& Stuffing | Chicken Singapore Noodles | Homemade Battered Cod |
| VEGETaRIaN MAIN DISH | Quorn Sausage \& Onion Gravy | Macaroni Cheese | Cheese, Potato \& Leek Bake. | Vegetable Curry | Vegetable Burrito |
| ACCOMPANIMENTS (5) | Mashed Potato, Seasonal Vegetables Crisp Salad | Garlic Bread, Oven Baked Wedges, Crisp Salad | New Potatoes, Seasonal Vegetables, Crisp Salad | Rice, Noodles, Crisp Salad | Chips, Beans, Peas, Crisp Salad |
| STREET FOOD | Meatball Sub | Ciabatta | BBQ Chicken Wrap | Beef Burger | Fish Fingers |
| DdILY SPECIdL | Tomato \& Basil Pasta Bake | Spicy Sausage Pasta Bake | Ham \& Cheese Pasta Bake | Spicy Arrabbiata Pasta Bake | Tomato \& Basil Pasta Bake |
| DESSERT | Selection of Homebakes, Dessert Pots \& Fresh Fruit | Selection of Homebakes, Dessert Pots \& Fresh Fruit | Selection of Homebakes, Dessert Pots \& Fresh Fruit | Selection of Homebakes, Dessert Pots \& Fresh Fruit | Selection of Homebakes, Dessert Pots \& Fresh Fruit |

## KEY 5 1 of your 5 a day



 plamt-based (vegan)

